



## ONE DUFFLE BAG/SUITCASE PER PERSON

### **Sleeping Needs**

- Sleeping bag
- Pillow

### **Camping Needs**

- Flashlight with extra batteries
- Bug Repellent
- Sunscreen
- Sunglasses
- \* Water bottle - BRING A REFILLABLE WATER BOTTLE \*

### **Toiletries**

- Toothbrush / Toothpaste
- Bath towel / Washcloth
- Soap
- Shampoo/ Conditioner
- Deodorant
- Comb / Brush
- Feminine Hygiene Needs
- Shower shoes (i.e. flip flops to be used for shower ONLY)
- Personal Medication

### **For Fun**

- Snacks
- Swim Towel
- Cash for activities and/or snacks

### **Personal Needs**

- Bible
- Journal
- Pen

### **Clothing**

- Swimsuit (be modest)
- Shirts (be modest)
- Pants and shorts (be modest)
- Pajamas
- Socks
- Underwear
- Light jacket or hoodie
- Flip flops
- Hat
- Shoes equipped for rustic surroundings and physical activities